

**SAC Meeting
March 17, 2017**

Attendees Present:

Ashley Adkins
RD Bell
Xan Bryant
Dale Chapman
John Crimarco
Sidney Dirickson
Amy Green
Matthew Green
Dave Juergens
Cindy Lamon
Megan Robertson
Monica Williams
Lindsey Yoder

Approval of minutes – will approve at next meeting

Approval of Agenda – Dave Juergens & Amy Green

Administration – Robin Dyer, D.O.

The study carrels in Founders Hall are permanent until further notice

Department of Wellness – Jesse Chaffin

Upcoming Events

Mindfulness Meditation Presentation by Dr. Steve Hoppes. Monday, March 20th, 12 -1pm Dunlap. Lunch Provided.

Cooking Demonstration by Katie Plohocky. Wednesday, March 22nd, 12 – 1pm Founders.
American Heart Association Luncheon. Thursday, March 23rd, 12 – 1pm Dunlap. Lunch Provided.

TED Talk Tuesday by Shawn Anchor: The Happy Secret to Better Work. Tuesday, April 4th, 12:15 – 1pm D-207.

Student Appreciation Paint Night – Students Only. Wednesday, April 12th, 6 – 8pm Founders.

Pet Therapy Lunch-n-Learn – TBD

Survey

Your input matters! I have created a survey that will be sent out to all students, staff, and faculty. This is your chance to have a direct hand in helping mold our employee wellness programs. The survey will take no longer than 5 minutes of your time. Please complete the survey honestly. If something in our wellness programming isn't working for you, I want to hear about it. If there's a barrier that keeps you from participating, I want to hear about it. If you have an amazing idea for a wellness event, competition, or program, I want to hear about it. The survey will be sent out next week and you will have until April 5th to complete.

American Heart Association – Heart Walk: April 22nd 9:30AM

Join our team for the Heart Walk! The Heart Walk is completely free to participate. To join our teams go to AHA Heart Walk website and find the Tulsa event. Our team name is OSU-CHS. Fundraising activities to come.

Treasurer's Report – Matthew Green – No Report

Rules and Procedures Committee—Amanda Benn

No Report

Send email about membership – how many spots SAC has open

Bylaws need to be updated online

Policies, Benefits and Budget Committee—John Crimarco

No Report

Communications Committee—Amy Green

No Report

Awards and Recognition Committee—Bria Taylor – Absent at meeting report below:

Award of Excellence was given out last week to the following staff members:

Bria Taylor

Bailey Dobbs

Outreach & Fundraising Committee – Janifer Hilton

Chili Cook-Off is March 27th in Founders Hall

Please sign-up to bring chili or a side – see sign-up sheet

College and Community Relations Committee—Xan Bryant

Scrub Run – sponsoring staff members at \$20 a person up to \$200.00 & \$100 for food

New Business:

Tandy Building Tour for SAC

CHS is offering staff tours in May – SAC will need to join those

Chili Cook-Off sign-up sheet was sent around