SAC Meeting  
March 17, 2017

Attendees Present:

Ashley Adkins  
RD Bell  
Xan Bryant  
Dale Chapman  
John Crimarco  
Cidney Dirickson  
Amy Green  
Matthew Green  
Dave Juergans  
Cindy Lamon  
Megan Robertson  
Monica Williams  
Lindsey Yoder

Approval of minutes – will approve at next meeting  
Approval of Agenda – Dave Juergens & Amy Green

Administration – Robin Dyer, D.O.
  The study carrels in Founders Hall are permanent until further notice

Department of Wellness – Jesse Chaffin
  Upcoming Events
  Mindfulness Meditation Presentation by Dr. Steve Hoppes. Monday, March 20th, 12 -1pm Dunlap. Lunch Provided.
  Cooking Demonstration by Katie Plohocky. Wednesday, March 22nd, 12 – 1pm Founders.
  American Heart Association Luncheon. Thursday, March 23rd, 12 – 1pm Dunlap. Lunch Provided.
  TED Talk Tuesday by Shawn Anchor: The Happy Secret to Better Work. Tuesday, April 4th, 12:15 – 1pm D-207.
  Student Appreciation Paint Night – Students Only. Wednesday, April 12th, 6 – 8pm Founders.
  Pet Therapy Lunch-n-Learn – TBD

Survey
Your input matters! I have created a survey that will be sent out to all students, staff, and faculty. This is your chance to have a direct hand in helping mold our employee wellness programs. The survey will take no longer than 5 minutes of your time. Please complete the survey honestly. If something in our wellness programming isn’t working for you, I want to hear about it. If there’s a barrier that keeps you from participating, I want to hear about it. If you have an amazing idea for a wellness event, competition, or program, I want to hear about it. The survey will be sent out next week and you will have until April 5th to complete.

American Heart Association – Heart Walk: April 22nd 9:30AM
Join our team for the Heart Walk! The Heart Walk is completely free to participate. To join our teams go to AHA Heart Walk website and find the Tulsa event. Our team name is OSU-CHS. Fundraising activities to come.

Treasurer’s Report – Matthew Green – No Report
Rules and Procedures Committee—Amanda Benn
  No Report
  Send email about membership – how many spots SAC has open
  Bylaws need to be updated online
Policies, Benefits and Budget Committee—John Crimarco
  No Report
Communications Committee—Amy Green
  No Report
Awards and Recognition Committee—Bria Taylor – Absent at meeting report below:
  Award of Excellence was given out last week to the following staff members:
    Bria Taylor
    Bailey Dobbs
Outreach & Fundraising Committee – Janifer Hilton
  Chili Cook-Off is March 27th in Founders Hall
  Please sign-up to bring chili or a side – see sign-up sheet
College and Community Relations Committee—Xan Bryant
  Scrub Run – sponsoring staff members at $20 a person up to $200.00 & $100 for food

New Business:
  Tandy Building Tour for SAC
    CHS is offering staff tours in May – SAC will need to join those
  Chili Cook-Off sign-up sheet was sent around